

September 2019

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 WWS CLOSED – LABOR DAY	3 Sausage biscuits Eggs Mixed fruit 2% milk	4 Corndogs Sweet potato fries Applesauce 2% milk	5 Chicken Fingers Yellow Rice Peas and Carrots 2% milk	6 Beef Nachos Black beans Apple Slices 2% milk	7
8	9 Buttered noodles Fresh Broccoli Yogurt 2% milk	10 Chicken and Rice Casserole Green Beans Grapes 2% milk	11 Ham and cheese rollups Pickle slices Peaches 2% milk	12 Meatballs with marinara sauce Sub rolls Carrots Applesauce 2% milk	13 Pizza Corn on Cob Cutie Orange 2% milk	14
15	16 Chicken pot pie Lima Beans Grapes 2% milk	17 Turkey Slices Cheese sticks Crackers Pineapple 2% milk	18 Pancakes Bacon Strawberries 2% milk	19 Penne with Alfredo Sauce Fresh Broccoli Pears 2% milk	20 Deli meat Hummus Pretzel chips Cucumbers 2% milk	21
22	23 Hamburgers Cooked carrots Apple slices 2% milk	24 Cheese quesadillas Peas Pears 2% milk	25 Deli slices Cheese Cubes Crackers Mandarin oranges 2% milk	26 Chicken Sandwiches Green beans Pineapple 2% milk	27 Shepard's pie Black-eyed peas Peaches 2% milk	28
29	30 Chicken fingers Baked beans Yogurt with granola 2% milk					

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Turkey and cheese roll-ups Carrots with ranch Applesauce 2% milk	2 Hamburgers Veggie Straws Strawberries 2% milk	3 Chicken Nachos Black Beans Peaches 2% milk	4 Fish Sticks Mashed potatoes Edamame 2% milk	
6	7 Bowtie Pasta with parmesan Fresh Broccoli Pears 2% milk	8 Grilled Chicken Black-eyed peas Mandarin Oranges 2% milk	9 Pizza Corn on Cob Banana 2% milk	10 Ham slices Cheese cubes Triscuits Yogurt 2% milk	11 Chicken pot pie Lima Beans Grapes 2% milk	12
13	14 Grilled Cheese Sandwiches Veggie Straws Cutie Orange 2% milk	15 Meatballs and gravy Rice Edamame 2% milk	16 Penne pasta with parmesan Lima beans Peaches 2% milk	17 Chicken and Rice Casserole Green Beans Mixed Fruit 2% milk	18 Pancakes Bacon Banana 2% milk	19
20	21 Cheese Quesadillas Cucumbers with ranch Peaches 2% milk	22 Chicken fingers Brown Rice Peas and Carrots 2% milk	23 Penne pasta with alfredo sauce Cooked carrots Peas 2% milk	24 Sausage Biscuit Fruit Yogurt 2% milk	25 Turkey Slices Cheese sticks Mandarin Oranges 2% milk	26
27	28 WWS CLOSED	29 WWS CLOSED	30 Lasagna Corn Roll 2% milk	31 Chicken Sandwich Peas Apple slices 2% milk		

November 2019

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Grilled Chicken Black-eyed peas Mixed Fruit 2% milk	2
3 DAYLIGHT SAVINGS ENDS	4 Pancakes Bacon Banana 2% milk	5 Hamburgers Baked Beans Applesauce 2% milk	6 Pizza Corn on Cob Yogurtt 2% milk	7 Fish Sticks Mashed potatoes Edamame 2% milk	8 Turkey and cheese roll-ups Carrots with ranch Pineapple 2% milk	9
10	11 Baked Spaghetti Peas Bread 2% milk	12 Ham and cheese rollups Pickle slices Peaches 2% milk	13 Grilled Cheese Sandwiches Veggie Straws Strawberries 2% milk	14 Chicken and Rice Casserole Green Beans Grapes 2% milk	15 Beef Nachos Black beans Apple Slices 2% milk	16
17	18 Chicken pot pie Lima Beans Strawberries 2% milk	19 Tacos Yellow Rice Corn 2% milk	20 Deli meat Hummus Pretzel chips Cucumbers 2% milk	21 Chicken Fingers Brown rice Peas and Carrots 2% milk	22 Meatballs with marinara sauce Sub rolls Carrots Applesauce 2% milk	23
24	25 Stuffed shells with Marinara Fresh Broccoli Yogurt with granola 2% milk	26 Sausage biscuits Eggs Mixed fruit 2% milk	27 WWS CLOSED	28 WWS CLOSED	29 WWS CLOSED	30

December 2019

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Hamburgers Baked Beans Pineapple 2% milk	3 Turkey slices Cheese cubes Triscuits Banana 2% milk	4 Pizza Corn on Cob Cutie Orange 2% milk	5 Cheese Quesadillas Cucumbers with ranch Pears 2% milk	6 Meatballs and gravy Rice Edamame 2% milk	7
8	9 Chicken Nachos Black Beans Mandarin oranges 2% milk	10 Bowtie pasta with parmesan Lima beans Mixed fruit 2% milk	11 Deli meat Hummus Pretzel chips Cucumbers 2% milk	12 Chicken Sandwiches Green beans Pineapple 2% milk	13 Shepard's pie Black-eyed peas Applesauce 2% milk	14
15	16 Turkey Green Beans Apple Slices 2% milk	17 Fish Sticks Mashed potatoes Edamame 2% milk	18 Ham and cheese rollups Pickle slices Peaches 2% milk	19 Chicken pot pie Lima Beans Grapes 2% milk	20 Tacos Black Beans Yellow rice 2% milk	21
22	23 WWS CLOSED	24 WWS CLOSED	25 WWS CLOSED	26 WWS CLOSED	27 WWS CLOSED	28
29	30 WWS CLOSED	31 WWS CLOSED				